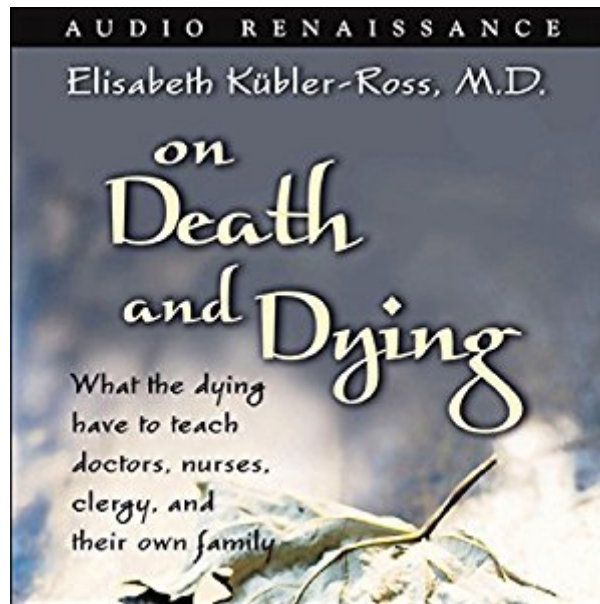


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# On Death And Dying: What The Dying Have To Teach Doctors, Nurses, Clergy, And Their Own Family



## Synopsis

Dr. Elisabeth Kubler-Ross created her classic seminal work, *On Death and Dying*, to offer us a new perspective on the terminally ill. It is not a psychoanalytic study of the dying, nor it a "how-to" manual for managing death. Rather, it refocuses on the patient as a human being and a teacher, in the hope that we will learn more from him or her about the final stages of life. *On Death and Dying* examines the attitudes of the dying and the factors that contribute to society's anxiety over death. It closely looks at the five stages of death -- denial and isolation, anger, bargaining, depression, and acceptance -- and how the dying and the living deal with them. In addition, this program offers multi-voice readings of some of the most revealing interviews Dr. Kubler-Ross conducted with her patients. By sharing some of the most intimate and sensitive feelings expressed by those men and women, it is hoped that we may learn more about death and lessen our own anxieties about the natural course of our lives. At its heart, *On Death and Dying* is a truly remarkable program about communication-offering pathways to talk with and listen to the terminally ill, and how to truly hear their fears, hopes, angers, and anxieties.

## Book Information

Audible Audio Edition

Listening Length: 5 hours and 6 minutes

Program Type: Audiobook

Version: Abridged

Publisher: Macmillan Audio

Audible.com Release Date: February 1, 2005

Language: English

ASIN: B0007OXTFW

Best Sellers Rank: #79 in Books > Self-Help > Death & Grief > Grief & Bereavement #84

in Books > Self-Help > Relationships > Love & Loss #206 in Books > Audible Audiobooks >

Health, Mind & Body > Family & Relationships

## Customer Reviews

Elisabeth Kubler-Ross's book, 'On Death and Dying', is one of the classic works in the field, still used to educate and inform medical, counseling, and pastoral professionals since its original publication in the 1960s. Kubler-Ross did extensive research in the field by actually talking to those in the process of dying, something that had hitherto been considered taboo and an unthinkable, uncaring thing to do. Kubler-Ross asked for volunteers, and never pressured people

to do or say anything they didn't want to. One of her unexpected discoveries was that the medical professionals were more reluctant to participate than were the patients, who quite often felt gratitude and relief at being able to be heard. Kübler-Ross also spoke to families, and followed people through their ailments, sometimes to recovery, but most often to their death. She let the people guide her in her research: 'We do not always state explicitly [to the patient] that the patient is actually terminally ill. We attempt to elicit the patients' needs first, try to become aware of their strengths and weaknesses, and look for overt or hidden communications to determine how much a patient wants to face reality at a given moment.' This caring approach was often an aggravation for Kübler-Ross and her staff, because they would know what the patient had been told but was not yet ready to face. Kübler-Ross recounts stories of attempts to deal with death in different ways; denial, anger, bargaining, depression, acceptance -- in fact, the various stages of grief were first recognised in Kübler-Ross's research.

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